

# GENERAL & DEMENTIA CAREGIVER SUPPORT GROUPS



Edel Caregiver Institute offers online options for both our general caregiver and dementia caregiver support groups. Online groups must be pre-registered in order to receive the meeting link.

Call 912.629.1331 or email <a href="mailto:linko@EdelCaregiverInstitute.org">linko@EdelCaregiverInstitute.org</a> for more information.

### **General Caregiving**

Groups are non-disease specific to encourage caregivers to focus on their own needs and concerns.

### **ONLINE / General Caregiver Support Group**

Tuesday, August 12 / 11:00 am – Noon SECOND TUESDAY monthly Call or email for the meeting link.

#### **ONLINE/ General Caregiver Support Group - Evening**

Online and after usual business hours Thurs. August 21 / 7pm - 8pm THIRD THURSDAY monthly Call or email for the meeting link.

### **ON-SITE / General Caregiver Support Group - Pooler**

Wednesday, August 27 / 6:00 – 7:00 pm FOURTH WEDNESDAY monthly Hosted at Legacy at Savannah Quarters, 101 Shepherd Way, Pooler

### ON-SITE / General Caregiver Support Group - Rincon

Thursday, August 28 / 3:00 pm - 4:00 pm FOURTH THURSDAY monthly United Way - Effingham Service Center, 711 Zitterour Dr, Rincon

### **Dementia Caregiving**

Groups are for family caregivers of a loved one with dementia or memory issues ONLY.

### **ON-SITE / Dementia Caregiver Support Group**

Tuesday, August 12 / 1:00 – 2:00 pm SECOND TUESDAY monthly Frank G. Murray Community Center, 125 Wilmington Island Rd, Savannah

### **ONLINE / Dementia Caregiver Support Group**

Wednesday, August 13 / 11:00am – 12:30pm SECOND WEDNESDAY monthly Call or email for the meeting link.

## ON-SITE / Dementia Caregiver Support Group at HOPE HAVEN

Tuesday, August 19 / 10:45 am – Noon THIRD TUESDAY monthly St. John's Church, 27 West Charlton St., Savannah For more info: www.SavannahRespite.com/caregivers

# ON-SITE / Dementia Caregiver Support Group - RICHMOND HILL

Tuesday, August 26 / 5:30pm – 7:00pm FOURTH TUESDAY monthly Hosted at Station Exchange Senior Care, 3205 TSX Grand Central, Richmond Hill For more info call 912-445-2425.

